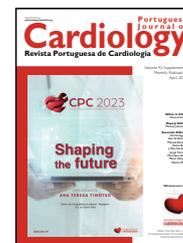




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2023 Portuguese Congress of Cardiology - Shaping the Future

Welcome to the 2023 Portuguese Congress of Cardiology!

The Portuguese Society of Cardiology (SPC) is once again holding its annual Congress, the largest event in cardiovascular medicine in Portugal and one of the most important events in Portuguese medicine.

Like last year, this will be a hybrid congress, with most of the sessions being transmitted live at the Congress center, while also enabling the virtual participation of various international speakers who would otherwise not be able to enrich the Congress with their experience and know-how.

The Congress continues to be notable for its wide coverage of all areas of cardiovascular medicine. To this end, the scientific program is based on a number of proposals put forward by the SPC's Working Groups, Study Groups and specialist associations, for which we are grateful. The Scientific Committee of the 2023 Congress used these proposals to develop a program that is wide-ranging in terms not only of themes, but also of target audiences. The result is that all areas have their own space in the Congress. Also, as in previous years, we will be offering Cardiology Refresher Sessions, aimed particularly at internal medicine specialists, general practitioners, interns, and cardiologists who would like an update in the various fields covered by the sessions, which we hope will enjoy the same success as in previous Congresses.

There will also be a special session on climate change and pollution, as these are important cardiovascular risk factors and figure among the policy guidelines of the current Board of the SPC. Other special sessions will focus on cardiovascular disease in women and on female health professionals in cardiovascular medicine, two topics that are receiving increasing attention from international medical societies.

This year we once again offer the CPC4ALL facility, which helps all participants to be physically present at the Congress

on favorable terms. We are also continuing the EveryBeat-Counts initiative, which links daily physical exercise with a social function to support the two organizations selected this year: the charity Aldeia de Crianças SOS and UNICEF.

In putting this Congress together, we have relied on the behind-the-scenes work of various people who generously contributed their time and efforts. Hundreds of our colleagues have contributed as reviewers of free abstracts, case reports and images or as members of the juries for prizes and grants, as well as playing their part in the scientific program as speakers, moderators or members of discussion panels. To all of these individuals, without whom the Congress would not have been possible, we extend our warm thanks.

The 534 abstracts submitted were reviewed by seven independent experts, who carried out a comprehensive evaluation of all works. Five submissions were selected as candidates for the Young Researcher prize, 145 for presentation as oral communications, and 240 as electronic posters. These works, chosen for their excellence, are published in this Supplement of the Portuguese Journal of Cardiology.

I would also like to express my special thanks to all members of the Scientific Committee of the 2023 Congress, who have worked for a year to prepare the event.

Finally, we are grateful to the pharmaceutical and medical device industries for their contribution, as well as to all our logistical partners who have helped the Congress to come together.

We wish everyone an excellent 2023 Portuguese Congress of Cardiology and we will continue to build the future of cardiovascular medicine!

Ana Teresa Timóteo

President of the 2023 Portuguese Congress of Cardiology