Do they just look like spikes or are they actual spikes?
Parece ou são mesmo spikes?

José Luís Martins*, Jesus Viana, José Santos

Department of Cardiology, Baixo Vouga Hospital Centre, Aveiro, Portugal

Received 26 June 2017; accepted 8 April 2018
Available online 9 July 2018

A 58-year-old woman with a history of idiopathic dilated cardiomyopathy and a cardiac resynchronization therapy device (CRT-D) for primary prevention came to the emergency room with “poorly characterized chest pain,” present three hours prior to arrival, and asthenia. On physical examination, she was unresponsive and pale. Her blood pressure was 61/28 mmHg and her heart rate 85 bpm. Electrocardiogram (ECG) showed widened QRS complexes with sine wave appearance (Figure 1A). Arterial blood gas analysis showed hyperkalemia with 8.5 mmol/L. The patient received urgent treatment with fluids, calcium gluconate, dextrose and an insulin infusion while the ECG was monitored. An additional ECG showed sinus rhythm with pacemaker-mediated ventricular conduction (Figure 1B). Hyperkalemia triggers progressive electrocardiographic changes, beginning with peaked T waves and PR prolongation. More severe potassium elevations can result in QRS widening and loss of P waves, with the eventual formation of a sine-wave pattern, as seen here. The rhythm can also degenerate into ventricular fibrillation.

Conflicts of interest
The authors have no conflicts of interest to declare.

* Corresponding author.
E-mail address: zeluismartins@gmail.com (J.L. Martins).