

IMAGE IN CARDIOLOGY

## Cardiac amyloidosis: Diagnosis using delayed enhancement cardiac magnetic resonance imaging sequences



### Amiloidose cardíaca: diagnóstico através de sequências de realce tardio com o uso de ressonância magnética cardíaca

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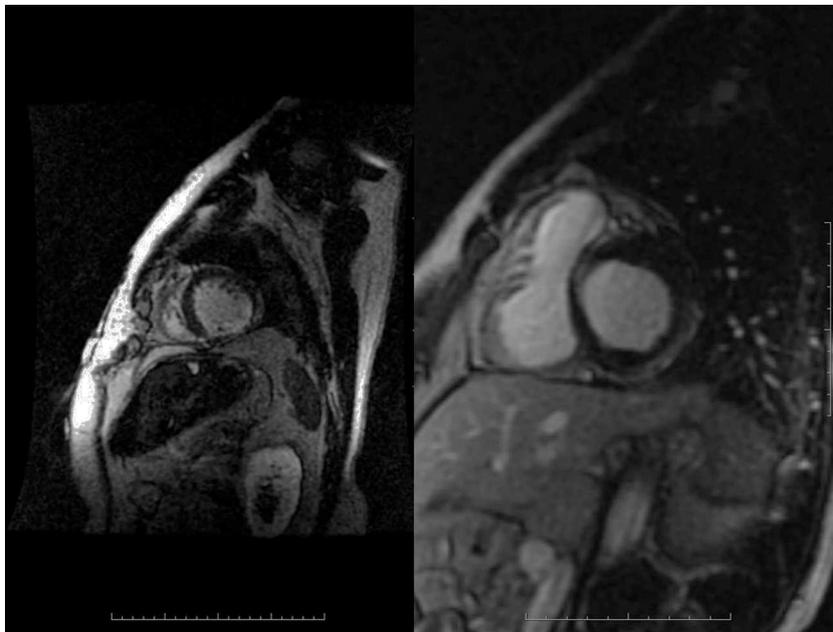
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Late gadolinium enhancement (LGE) cardiac magnetic resonance imaging (MRI) is very useful in distinguishing between myocardial infarction, in which the enhancement is typically subendocardial, and myocarditis, in which it is subepicardial (Figure 1). In addition, various patterns have been described with different cardiomyopathies, in some cases enabling a specific diagnosis without invasive workup and risk stratification.<sup>1</sup> Cardiac amyloidosis was previously thought to be present only when systemic amyloidosis was patently manifest. This has proved not to be the case, with cardiac MRI detecting increasing numbers of cases in patients with diastolic heart failure in whom cardiac

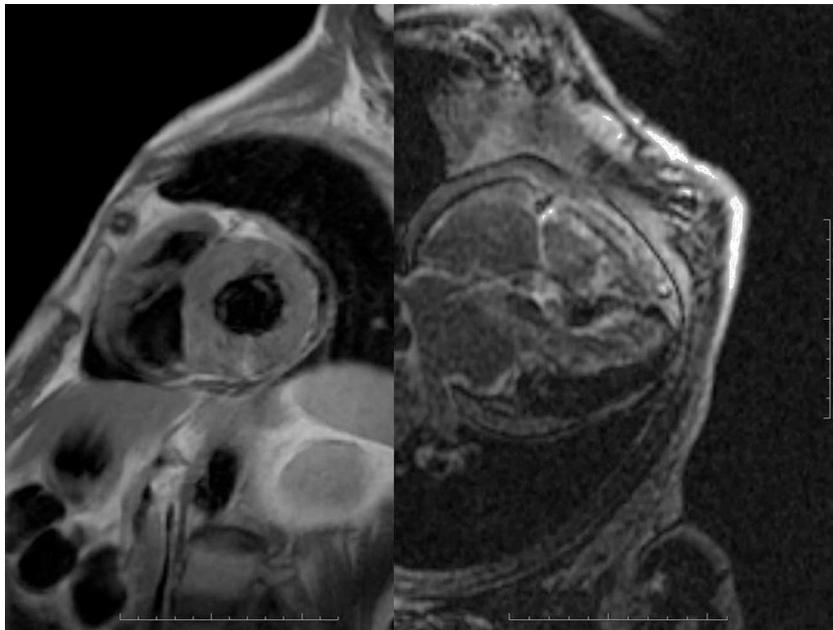
involvement may be the first or sole manifestation. The pattern of LGE commonly found in cardiac amyloidosis is a global subendocardial enhancement with different contrast kinetics, the ventricular cavities showing no signal at all (Figures 2-6) compared to myocarditis and acute myocardial infarction, in which there is an intracavitary gray signal (Figure 1). Of 10 patients referred after echocardiography raised the suspicion of a cardiomyopathy, five were diagnosed with cardiac amyloidosis, two had images not suggestive of amyloidosis and were subsequently found to have Fabry's disease (Figure 7), and the other three probably had concentric left ventricular hypertrophy due to hypertension.

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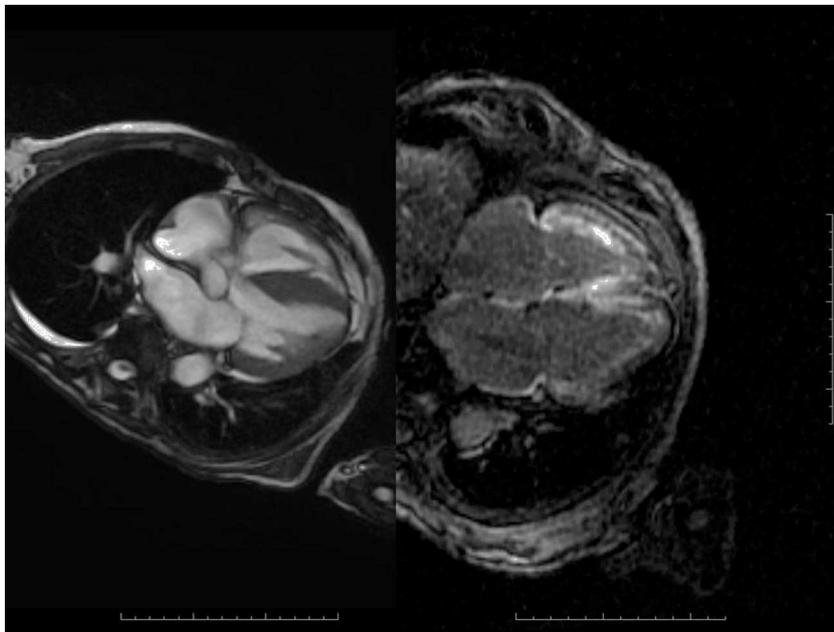
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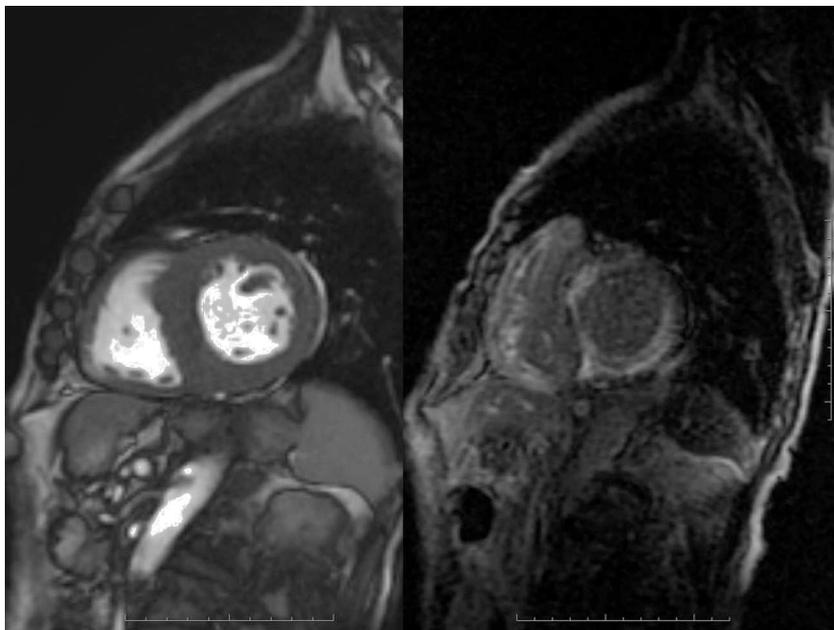
**Figure 1** Left: the inferolateral wall with a transmural infarct with obvious wall thinning, while the left ventricular cavity shows a gray signal due to contrast admixed with blood. Right: a patient with acute myocarditis with subepicardial lateral wall enhancement.



**Figure 2** The panel on the left is a T1-weighted image with wall thickening. Beside is the LGE image showing global subendocardial enhancement with no cavitory signal. Both ventricles are involved.



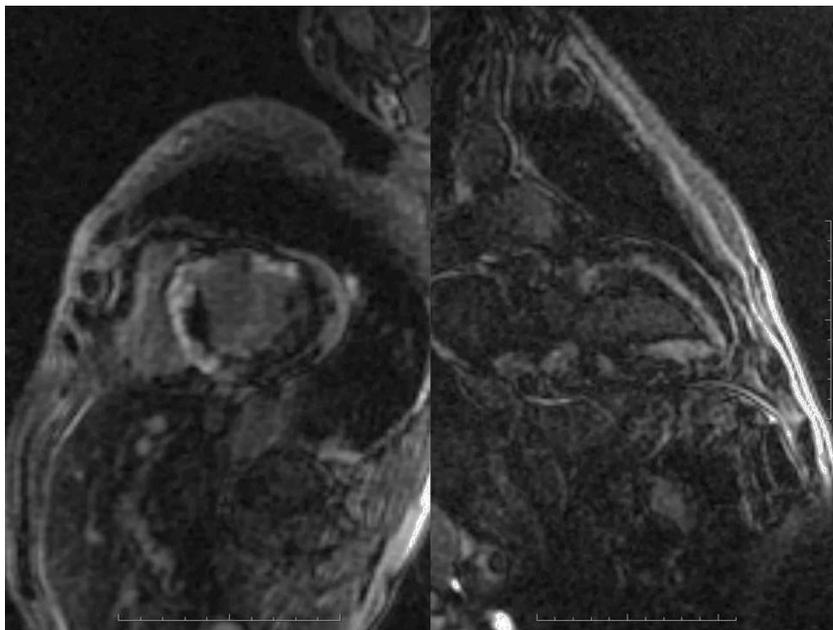
**Figure 3** Biventricular global subendocardial enhancement in another patient. Note the biatrial enlargement typical of restrictive cardiomyopathies.



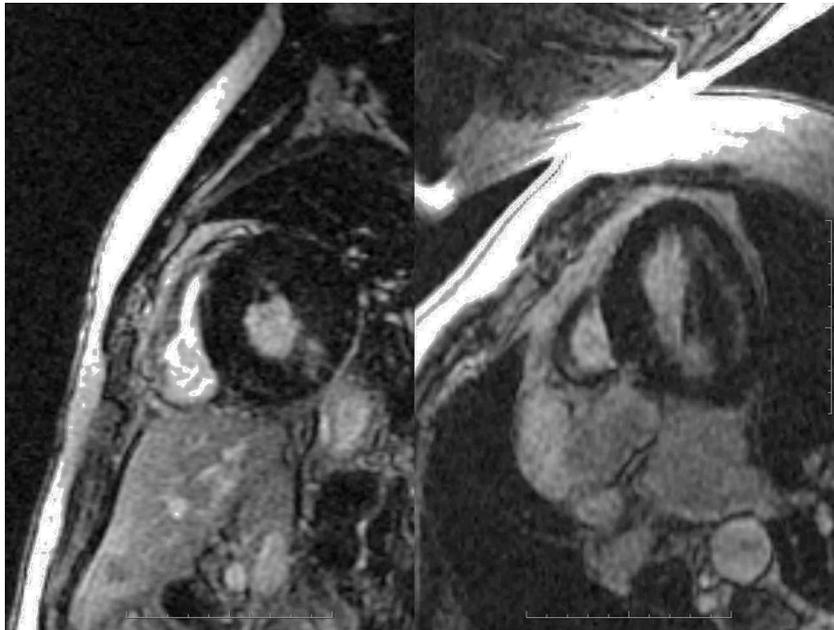
**Figure 4** Short-axis views of a patient with extensive global subendocardial involvement.



**Figure 5** A patient with decompensated congestive heart failure as evidenced by massive pleural effusion (left) had very good LV systolic function with concentric hypertrophy, while the LGE sequence (right) was diagnostic for amyloidosis.



**Figure 6** The patchy involvement seen in this patient can also be seen in amyloidosis. The decreased signal in the ventricular cavity provides a clue.



**Figure 7** A patient initially thought to have amyloidosis is found to have no subendocardial LGE. The signal is also present in the cavity. This patient has mid-lateral wall involvement and was later diagnosed with Fabry's disease.

### Ethical disclosures

**Protection of human and animal subjects.** The authors declare that no experiments were performed on humans or animals for this study.

**Confidentiality of data.** The authors declare that no patient data appear in this article.

**Right to privacy and informed consent.** The authors declare that no patient data appear in this article.

### Conflicts of interest

The authors have no conflicts of interest to declare.

### Reference

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